

House District	Name	Party	Address	Phone Number	Campaign/Personal Email	Legislative Email Address
1	J.D. Scholten	Democrat	PO Box 5351, Sioux City, IA 51102	612-242-0358	jd@scholtenforiowa.com	
2	Robert Henderson	Republican	4540 Talbot Rd, Sioux City, IA 51103	712-253-9135	pianocoach@juno.com	
	Steve Hansen	Democrat	3669 Lindenwood St, Sioux City, IA 51104	712-258-8094	hansensteve3669@gmail.com	steve.hansen@legis.iowa.gov
3	Thomas Jeneary	Republican	1501 Schafer Ave, Le Mars, IA 51031	712-539-1275	jeneary@premieronline.net	tom.jeneary@legis.iowa.gov
4	Skyler Wheeler	Republican	1001 2nd St SW, Orange City, IA 51041	712-441-7444	wheeler4iowa@outlook.com	skylar.wheeler@legis.iowa.gov
5	Zachary M. Dieken	Republican	4436 McKinley Ave, Granville, IA 51022	712-449-6617	zachforhouse@protonmail.com	
6	Megan Jones	Republican	4470 Highway 71, Sioux Rapids, IA 50585	515-991-7337	megan@jonesforiowa.com	megan.jones@legis.iowa.gov
	James Eliason	Democrat	202 Russell St, Storm Lake, IA 50588	712-213-0449	eliasoniahd6@gmail.com	
7	Mike Sexton	Republican	2202 Ogden Ave, Rockwell City, IA 50579	712-830-3960	mike@twinlakesenviro.com	mike.sexton@legis.iowa.gov
8	Ann Meyer	Republican	1948 Stadium Dr, Fort Dodge, IA 50501	515-570-6610	annmeyer@frontiernet.net	ann.meyer@legis.iowa.gov
9	Henry Stone	Republican	132 Woodland Dr, Forest City, IA 50436	702-553-0614	henrystone462@gmail.com	henry.stone@legis.iowa.gov
	Joseph Tillman	Democrat	34975 180th Ave, Forest City, IA 50436	641-251-1577	jtillfam74@wctatel.net	
10	John H. Wills	Republican	15732 Tradewind Dr, Spirit Lake, IA 51360	712-330-9492	willsforiowa@gmail.com	john.wills@legis.iowa.gov
	Dan Wahl	No Party	1319 310th Ave, Spirit Lake, IA 51360	712-331-4560	dwahlfarms@gmail.com	
11	Brian Best	Republican	PO Box 450, Glidden, IA	712-830-1844	brian@westianet.net	brian.best@legis.iowa.gov
12	Steven Holt	Republican	1430 3rd Ave S, Denison, IA 51442	712-269-4042	holtforhouse@gmail.com	steven.holt@legis.iowa.gov
13	Ken E. Carlson	Republican	17802 190th St, Onawa, IA 51040	712-420-2328	kcecarls@gmail.com	
14	Jacob Bossman	Republican	2650 S Cedar St, Sioux City, IA 51106	712-251-4541	bossmanforiowahouse@gmail.com	jacob.bossman@legis.iowa.gov
15	Matt W. Windschitl	Republican	2912 Light Breeze Ln, Missouri Valley, IA 51555	712-642-4334	Matt@mattwindschitl.com	matt.windschitl@legis.iowa.gov
	Robert Fairchild	No Party	309 N 3rd St, Missouri Valley, IA 51555	712-828-1833	bigredmv89@gmail.com	
16	David Sieck	Republican	1710 Timber Ln, Glenwood, IA 51534	712-527-9809	davidasieck@gmail.com	david.sieck@legis.iowa.gov
17	Devon Wood	Republican	PO Box 26, New Market, IA 51646	515-321-1395	wood4iowa@gmail.com	
18	Thomas Jay Moore	Republican	PO Box 224, Griswold, IA 51535	712-789-9954	tmoore@netins.net	tom.moore@legis.iowa.gov
19	Elizabeth Christiansen	Democrat	526 Damon St, Council Bluffs, IA 51503	712-796-1893	elizabethchristensenforiowa@gmail.com	
20	Sarah Abdouch	Republican	718 Military Ave, Council Bluffs, IA 51503	402-212-4961	Sarah.Abdouch@hotmail.com	
	Josh Turek	Democrat	306 Parkwild Dr, Council Bluffs, IA 51503	531-239-1231	turek4iowa@gmail.com	
21	Brooke Boden	Republican	207 S Kenwood, Indianola, IA 50125	515-971-7156	brookeforiowa@gmail.com	brooke.boden@legis.iowa.gov
	Joe Kerner	Democrat	1509 64th St, Windsor Heights, IA 50324	641-218-9530	Joseph.Kerner.1@gmail.com	
22	Stan Gustafson	Republican	722 Kingfisher Dr, Norwalk, IA 50211	515-559-4702	usmcstan@hotmail.com	stan.gustafson@legis.iowa.gov
23	Ray Bubba Sorensen	Republican	PO Box 97, Greenfield, IA 50849	712-525-0580	Sorensen.For.Iowa@gmail.com	ray.sorensen@legis.iowa.gov
24	Joel Fry	Republican	1473 195th Ave, Osceola, IA 50213	641-342-1017	jfry1874@gmail.com	joel.fry@legis.iowa.gov
25	Hans C. Wilz	Republican	819 N Court, Ottumwa, IA 52501	641-682-4225	hans@rnextthing.com	
	Diana M. Swartz	Democrat	315 S. Ransom St, Ottumwa, IA 52501	641-226-8519	stdito@mchsi.com	
26	Austin Harris	Republican	30046 570th St, Moulton, IA 52572	641-895-9962	austinxharris@gmail.com	
27	Kristen Stiffler	Republican	2729 NW 165th St, Clive, IA 50325	515-850-2228	stifflerforiowa@gmail.com	
	Kenan Judge	Democrat	325 Abigail Ln, Waukegan, IA 50263	515-250-2841	kenanjudgeforiowans@gmail.com	kenan.judge@legis.iowa.gov
28	David Young	Republican	PO Box 123, Van Meter, IA 50261	515-371-5669	davidyoung999@hotmail.com	
	Sonya Heitshusen	Democrat	750 72nd St, West Des Moines, IA 50026	515-577-3151	sdheits@gmail.com	
29	Brian Meyer	Democrat	5417 SE 29th St, Des Moines, IA 50320	515-333-0590	brianjmeyer@gmail.com	brian.meyer@legis.iowa.gov
30	Jerry Cheevers	Republican	4104 SW 7th St, Des Moines, IA 50315	515-991-8692	JerryCheevers4IA@gmail.com	
	Megan L. Srinivas	Democrat	4200 Park Ave, Bldg 9 Apt 22, Des Moines, IA 50321	515-867-4897	kira@megan4iowa.com	
31	Justin Pearson	Republican	5212 Aspen Dr, West Des Moines, IA 50265	515-988-5583	justin_red_pearson@gmail.com	
	Mary Madison	Democrat	4335 Oakwood Ln, West Des Moines, IA 50265	515-480-3162	marymadd12@gmail.com	
32	Mark Brown	Republican	707 36th St, West Des Moines, IA 50265	515-782-1358	MarkBrownforHD32@Startmail.com	
	Jennifer Konfrst	Democrat	6518 Northwest Dr, Windsor Heights, IA 50324	515-599-7026	repjenniferkonfrst@gmail.com	jennifer.konfrst@legis.iowa.gov
33	Ruth Ann Gaines	Democrat	3501 Oxford, Des Moines, IA 50313	515-210-7216	ragaines@dmacc.edu	ruthann.gaines@legis.iowa.gov
34	Ako Abdul-Samad	Democrat	1506 18th St, Des Moines, IA 50314	515-202-3531	ako.abdulsamad35@gmail.com	ako.abdul-samad@legis.iowa.gov
	R.J. Miller	No Party	1443 13th St, Des Moines, IA 50313	651-515-4934	RJMillerJustice55@yahoo.com	
35	Sean Bagniewski	Democrat	4005 Forest Ave, Des Moines, IA 50311	515-556-9111	seanbagniewski@gmail.com	
	Dennis McCullough	No Party	2418 60th St, Des Moines, IA 50302	515-979-1701	DMforIA@gmail.com	
36	Austin Baeth	Democrat	701 19th St, Des Moines, IA 50310	515-971-0190	austin.baeth@gmail.com	
37	Barb Kniff McCulla	Republican	1309 Elm Ridge Dr, Pella, IA 50219	641-628-9356	barbhd37@gmail.com	
	Mike Overman	Democrat	1118 Broadway St, Pella, IA 50219	515-422-4927	mike.overman@gmail.com	
38	Jon Dunwell	Republican	912 S 11th Ave W, Newton, IA 50208	515-333-3397	jdunwell@me.com	jon.dunwell@legis.iowa.gov
	Erick Zehr	Democrat	1448 S 20th Ave W, Newton, IA 50208	319-321-7559	erickzehrforiowa@gmail.com	
39	Mark Weatherly	Republican	5178 Windsor Ct., Pleasant Hill, IA 50327	515-208-8733	mark.weatherly97@gmail.com	
	Rick L. Olson	Democrat	3012 E 31st Ct, Des Moines, IA 50317	515-778-4521	broston1969@hotmail.com	rick.olson@legis.iowa.gov
40	Bill Gustoff	Republican	5883 NE 6th St, Des Moines, IA 50313	515-868-0211	wgustoff@hglplaw.com	
	MacKenzie Bills	Democrat	PO Box 493, Altoona, IA 50009	515-318-7546	mbills19@gmail.com	
	Jeni Kadel	Libertarian	1128 32nd St SE, Altoona, IA 50009	515-451-4185	jeni@jeni4iowa.com	
41	Marvis Landon	Republican	2905 NE Trilein Dr, Ankeny, IA 50021	515-707-8238	MarvisLandonforIA@gmail.com	
	Molly Buck	Democrat	2601 NW 14th St, Ankeny, IA 50023	515-865-5043	MollyBuckForAnkeny@gmail.com	

42	Garrett Gobble	Republican	510 SW Westlawn Dr, Ankeny, IA 50023	319-470-4027	garrett1gobble@gmail.com	garrett.gobble@legis.iowa.gov
	Heather Matson	Democrat	1802 SW Prairie Trail Pkwy, Ankeny, IA 50023	515-201-1877	heather@matsonforiowa.com	
43	Eddie Andrews	Republican	8723 Oakdale Dr, Johnston, IA 50131	515-800-4692	eddie@eddie4iowa.com	eddie.andrews@legis.iowa.gov
	Suresh Reddy	Democrat	5747 NW 72nd Pl, Johnston, IA 50131	515-207-9702	suresh@sureshreddyforiowa.com	
44	John Forbes	Democrat	12816 Cardinal Ln, Urbandale, IA 50323	515-778-7699	forbes_john@msn.com	john.forbes@legis.iowa.gov
45	Brian K. Lohse	Republican	1500 NE Morgan Dr, Bondurant, IA 50035	515-360-7647	brian.k.lohse@gmail.com	brian.lohse@legis.iowa.gov
46	Dan Gehlbach	Republican	15935 Hammtree Dr, Urbandale, IA 50323	515-664-2871	dan@dan4iowa.com	
	Bridget Carberry Montgomery	Democrat	15911 Tanglewood Dr, Urbandale, IA 50323	515-778-0159	bridgetforiowa@gmail.com	
47	Carter Nordman	Republican	20346 Mill Creek Ln, Adel, IA 50003	515-480-7837	carter@carterforiowa.com	carter.nordman@legis.iowa.gov
	Gary Clayton Overla	Democrat	24900 230th St, Dallas Center, IA 50063	515-201-3975	gco.win47@gmail.com	
48	Phil Thompson	Republican	410 5th St, Boone, IA 50036	515-329-0266	phil@philthompsonforiowa.com	phil.thompson@legis.iowa.gov
	Penny Vossler	Democrat	313 5th St, Boone, IA 50036	515-525-8900	pennyvosslerforiowa@gmail.com	
	Luke Barnes	No Party	201 S 5th St, Ames, IA 50010	641-780-1932	barnes.luke.d@gmail.com	
49	Beth Wessel-Kroeschell	Democrat	518 Ash Ave, Ames, IA 50014	515-451-4307	bweskroe81@gmail.com	beth.wessel-kroeschell@legis.iowa.gov
50	Ross Wilburn	Democrat	3314 Polaris Dr Unit 2, Ames, IA 50010	319-530-5156	rosswilburn4iowa@gmail.com	ross.wilburn@legis.iowa.gov
51	Dave Deyoe	Republican	66272 220th St, Nevada, IA 50201	515-382-2352	dave.deyoe@gmail.com	dave.deyoe@legis.iowa.gov
52	Sue Cahill	Democrat	202 N 1st St, Marshalltown, IA 50158	641-485-0608	cahillforhouse@gmail.com	sue.cahill@legis.iowa.gov
53	Dean Fisher	Republican	1306 290th St, Montour, IA 50173	641-750-3594	deanfisher2012@gmail.com	dean.fisher@legis.iowa.gov
	Sarah Smith	Democrat	1415 Main St, Grinnell, IA 50112	641-990-5887	sarahsmithforiowa@gmail.com	
54	Joshua Meggers	Republican	1517 Cantebury Cir, Grundy Center, IA 50638	319-330-5208	joshmeggers@icloud.com	
55	Shannon Latham	Republican	208 Brickyard Ct, Sheffield, IA 50475	515-371-0450	lathamforiowa@gmail.com	shannon.latham@legis.iowa.gov
56	Mark Thompson	Republican	PO Box 403, Clarion, IA 50525	515-851-7017	Thompson4iowa@gmail.com	
	Charles Aldrich	Libertarian	202 7th Ave SE, Clarion, IA 50525	515-602-0180	chuckbrt@yahoo.com	
57	Pat Grassley	Republican	30601 Deer Trail Dr, New Hartford, IA 50660	319-214-0351	patgrassley@gmail.com	pat.grassley@legis.iowa.gov
58	Charley Thomson	Republican	1110 N Grand Ave Ste 300, Charles City, IA 50616	847-456-1911	CharleyThomsonForIowaHouse@gmail.com	
59	Doug Campbell	Republican	1011 W State St, Mason City, IA 50401	641-430-3394	eccliipse1@mchsi.com	
	Sharon Steckman	Democrat	1685 10th St SW, Mason City, IA 50401	641-583-2484	steckman3@hotmail.com	sharon.steckman@legis.iowa.gov
60	Jane Bloomingdale	Republican	501 2nd Ave N, Northwood, IA 50459	641-390-0837	bloomtax@gmail.com	jane.bloomingdale@legis.iowa.gov
61	Timi Brown-Powers	Democrat	1920 W 7th, Waterloo, IA 50702	319-404-3380	timi4iowa@gmail.com	timi.brown-powers@legis.iowa.gov
62	Jerome Amos Jr.	Democrat	119 Ricker St, Waterloo, IA 50703	319-429-8504	jeromeamosjr@gmail.com	
63	Michael R. Bergan	Republican	1204 N Bear Rd, Dorchester, IA 52140	563-380-3974	berganmr@gmail.com	michael.bergan@legis.iowa.gov
	Tim Lecander	Democrat	3065 226th Ave, Decorah, IA 52101	319-621-3231	tim.lecander@gmail.com	
64	Anne Osmundson	Republican	11663 Bell Rd, Volga, IA 52077	563-880-8227	bao767@gmail.com	anne.osmundson@legis.iowa.gov
65	Shannon Lundgren	Republican	PO Box 186, Peosta, IA 52068	563-451-6200	shannon@shannonlundgren.org	shannon.lundgren@legis.iowa.gov
66	Steven P. Bradley	Republican	812 Maquoketa Dr SE, Cascade, IA 52033	563-590-0845	sbradley@netins.net	steven.bradley@legis.iowa.gov
67	Craig Johnson	Republican	413 13th Ave NE, Independence, IA 50644	319-334-2413	Johnsonforiowa@outlook.com	
	Terry McGovern	Democrat	2939 197 St, Earlville, IA 52041	563-875-6455	terrymcgovern277@gmail.com	
68	Chad Ingels	Republican	13298 130th St, Randalia, IA 52164	566-920-5899	chad.ingels@gmail.com	chad.ingels@legis.iowa.gov
69	Tom Determann	Republican	4426 Bellevue, Clinton, IA 52732	563-249-1389	tomdetermann@gmail.com	
	Jennifer Hansen	Democrat	1643 468th Ave, Clinton, IA 52732	563-357-4212	jenhansen2225@gmail.com	
70	Norlin Mommsen	Republican	2308 15th St Ct, DeWitt, IA 52742	563-357-9826	norlinmommsen@yahoo.com	norlin.mommsen@legis.iowa.gov
	Kay Pence	Democrat	20642 270th St, Eldridge, IA 52748	515-333-8965	kpence705@gmail.com	
71	Lindsay James	Democrat	2494 Pearl St, Dubuque, IA 52001	563-235-4278	lindsayjames4iowa@gmail.com	lindsay.james@legis.iowa.gov
72	Jennifer Smith	Republican	7804 Trails Edge Dr, Dubuque, IA 52002	563-207-6744	jennifer@SmithForIowa.com	
	Charles Isenhart	Democrat	PO Box 3353, Dubuque, IA 52004-3353	563-557-1261	goodcampaign@aol.com	charles.isenhart@legis.iowa.gov
73	Susie Weinacht	Republican	PO Box 2668, Cedar Rapids, IA 52406	319-382-0841	susie@susieweinacht.com	
	Elizabeth Wilson	Democrat	1407 7th St, Marion, IA 52302	319-213-7908	elizabethwilsonforiowa@gmail.com	
74	Eric Gjerde	Democrat	PO Box 11593, Cedar Rapids, IA 52410	319-331-8790	Ericforiowa@gmail.com	eric.gjerde@legis.iowa.gov
75	Bob Kressig	Democrat	3523 Veralta Dr, Cedar Falls, IA 50613	319-266-9021	bkressig@cfu.net	bob.kressig@legis.iowa.gov
76	Derek Wulf	Republican	PO Box 161, Hudson, IA 50643	319-530-3769	WulfForIowa@gmail.com	
	Kate Wyatt	Democrat	PO Box 186, Hudson, IA 50643	319-239-0127	wyttforiowa@gmail.com	
77	Jeff Cooling	Democrat	5512 Mayfair St SW, Cedar Rapids, IA 52404	319-540-9221	lowansForCooling@gmail.com	
78	Sami Schheetz	Democrat	3725 Pioneer Ave SE, Cedar Rapids, IA 52403	319-538-5454	sami@samischeetz.com	
79	Tracy Ehler	Democrat	411 Hanover Rd SW, Cedar Rapids, IA 52404	319-899-2980	ehler4iahouse@gmail.com	tracy.ehler@legis.iowa.gov
80	Barrett Hubbard	Republican	1720 Fox Trail Dr NE, Cedar Rapids, IA 52402	417-599-6964	grinnen2@gmail.com	
	Art Staed	Democrat	2141 Coldstream Ave NE, Cedar Rapids, IA 52402	319-899-4365	artstaed@gmail.com	art.staed@legis.iowa.gov
81	Luana Stoltenberg	Republican	2315 E 46th Pl, Davenport, IA 52807	563-340-2553	Ludlife@msn.com	
	Craig Lynn Cooper	Democrat	6517 Jebens Ave, Davenport, IA 52806	563-349-2070	craiglynncooper@gmail.com	
82	Bobby Kaufmann	Republican	1527 330th St, Wilton, IA 52778	563-260-3355	bob_kaufmann@hotmail.com	bobby.kaufmann@legis.iowa.gov
83	Cindy Golding	Republican	7000 Tower Terrace Rd, Cedar Rapids, IA 52411	319-360-1028	cgolding@aol.com	
	Kris Nail	Democrat	1020 1st St, Center Point, IA 52213	847-903-4189	KrisNailfor83@gmail.com	
84	Thomas D. Gerhold	Republican	3326 71st St, Atkins, IA 52206	319-361-2950	tdgerhold@netins.net	thomas.gerhold@legis.iowa.gov
	Sara Yedlik	Democrat	5894 28th Ave Dr, Vinton, IA 52349	319-551-7076	syedlik@gmail.com	

85	Amy Nielsen	Democrat	168 Lockmoor Cir, North Liberty, IA 52317	319-775-0992	amynielsenfor85@gmail.com	amy.nielsen@legis.iowa.gov
86	Dave Jacoby	Democrat	2308 N Ridge Dr, Coralville, IA 52241	319-430-9793	Davejacobya@aol.com	david.jacoby@legis.iowa.gov
87	Jeff Shipley	Republican	12245 Jasmine Ave, Birmingham, IA 52535	319-432-3108	j.j.shipley@gmail.com	jeff.shipley@legis.iowa.gov
	Mike Heaton	Democrat	202 N Adams St, Mount Pleasant, IA 52641	319-217-7020	mwgheaton@gmail.com	
88	Helena J. Hayes	Republican	1812 Hickory Ave, New Sharon, IA 50207	641-673-0876	helenahayes74@yahoo.com	
	Lisa Ossian	Democrat	1004 C Ave E, Oskaloosa, IA 52577	515-250-8542	llossian@aol.com	
89	Elinor A. Levin	Democrat	781 Sandusky Dr, Iowa City, IA 52240	847-687-6886	LevinForIowa@gmail.com	
90	Adam Zabner	Democrat	730 N Van Buren St, Iowa City, IA 52245	319-855-8524	adam@zabnerforiowa.com	
91	Brad Sherman	Republican	2490 Heritage Dr, Williamsburg, IA 52361	319-331-6019	sherman4house@gmail.com	
	Elle Wyant	Democrat	1514 M Ave, Marengo, IA 52301	319-610-8625	elleforiowa@gmail.com	
92	Heather Hora	Republican	2509 200th St, Washington, IA 52353	319-321-0191	hhora@live.com	
	Ty Bopp	Democrat	3374 Bayertown Rd SW, Riverside, IA 52327	319-259-9412	ty.bopp21@gmail.com	
93	Gary Mohr	Republican	4755 School House Rd, Bettendorf, IA 52722	563-332-8377	gary.mohr@legis.iowa.gov	gary.mohr@legis.iowa.gov
	Ryan Carstensen	Democrat	29 Sandstone Ct, LeClaire, IA 52753	563-570-7116	rmcarst78@gmail.com	
94	Mike Vondran	Republican	4401 Fairhaven Ct, Davenport, IA 52807	563-650-6555	mikev@tagteamagency.com	
	Phyllis Thede	Democrat	2343 Hawthorne Ct, Bettendorf, IA 52722	563-639-9211	pthede@gmail.com	phyllis.thede@legis.iowa.gov
95	Taylor Collins	Republican	402 Southwind Dr, Mediapolis, IA 52637	309-255-5284	taylorcollinsia@gmail.com	
96	Mark Cisneros	Republican	2377 57th St S, Muscatine, IA 52761	563-506-3673	cisnerosforiowa@gmail.com	mark.cisneros@legis.iowa.gov
	Michelle D. Servadio Elias	Democrat	2629 Canterbury Rd, Muscatine, IA 52761	563-506-8714	limitlessrn@gmail.com	
97	Ken Croken	Democrat	29 Hillcrest Ave, Davenport, IA 52803	563-940-8439	Ken@KenCroken.org	
98	Monica Kurth	Democrat	1933 Marquette St, Davenport, IA 52804	563-271-9332	mkurth10@gmail.com	monica.kurth@legis.iowa.gov
99	Matthew Rinker	Republican	1539 Winchester Dr, Burlington, IA 52601	319-750-5156	mrinker.burl@gmail.com	
	Dennis M. Cohoon	Democrat	816 Randall Ln, Burlington, IA 52601	319-759-2168	dennis.cphoon@yahoo.com	dennis.cphoon@legis.iowa.gov
100	Martin L. Graber	Republican	2163 N Fork Dr, Fort Madison, IA 52627	319-470-5522	col_graber@yahoo.com	martin.graber@legis.iowa.gov
	Rebecca Bowker	Democrat	827 Ave H #3, Fort Madison, IA 52627	319-371-7753	rebeccabowkerforiowa@gmail.com	

Districts with one candidate listed are running uncontested